## NEUROLOGICAL IMPRESS METHOD

## **Purpose**

The goal of this method is to build reading rate and fluency. Use the method 10 to 15 minutes daily for a period of from 8 to 12 instructional hours. Heckelman (1966) noted that the method is ineffective if the student has not made some progress after 4 hours of total instruction. The method works effectively with a student whose listening comprehension is higher than his/her present level of word recognition skill.

## Procedure

- 1. Select high-interest reading materials that are slightly below the student's grade level.
- 2. Sit side-by-side with the student slightly in front.
- 3. Read material with the student in unison. In beginning sessions, read in a louder voice and at a slightly faster pace than the student. Reread initial lines or paragraphs until a normal, fluid reading pattern is established. Encourage the student not to worry about mistakes.
- 4. While reading, track the words with your finger. Later, as skill develops, have the student track the line of print with his/her finger.
- 5. By the end of eight 15-minute sessions, increase the difficulty level of the material. At this time, you may use materials at the student's reading frustration level.

## Sources:

Heckelman, R. G. (1966). Using the neurological impress reading technique. *Academic Therapy*, 1, 235-239.

Heckelman, R. G. (1986). N.I.M. revisited. Academic Therapy, 21, 411-420.